A multi-habitat type sampling is carried out, following the IBMWP protocol (sampling all the existing microhabitats), with the exception that the substrate that is sampled must have a surface of 0.5 m2 (the minimum which we call 1 kick). All the existing microhabitats in the river section are sampled, counting the number of kicks collected in each one of them. The sample is looked at in the field, capturing a specimen of each different taxon and the sampling ends when new kicks do not contribute new taxa.